



# March-10

## Middletown Public Schools Breakfast Menu

### ~ DAILY HEALTHY OFFERINGS ~

Prices Include:

*Elementary \$.85*

*Secondary \$.85*

*Reduced \$.30*

*Milk \$.50*

Daily Milk Choices:

*Choose One*

*Whole*

*2%*

*Skim*

*1% Lowfat Chocolate*

*1% Lowfat Strawberry*

*Lactaid*

Fruit/Juice Choices:

*Choose One*

*Fruit Juice*

*Fresh or*

*Canned Fruit*

*This menu is in full  
compliance with and  
meets all USDA  
regulations on school  
menu initiatives for  
healthy children.*

Flavored & Plain Milk

Assorted 100% Fruit Juices

Assorted Fresh Fruit & Canned Fruit

Toasted Bagel or English Muffin w/choice of

Cream Cheese, Margarine, or Jelly

Assorted Cereals

Assorted Yogurts

Graham Crackers

Cheese Sticks

### ~ one hot item may be offered ~

French Toast

Waffles

Pancakes

Mini Pancakes

Breakfast Sandwiches

Omelet with Toast

Menu subject to change without notice

Web:[www.middletownschools.org/café](http://www.middletownschools.org/café)

