

March-10

Middletown Elementary Schools Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Prices Include: Student Meal \$2.25 Adult Meal \$3.75 Reduced Meal \$.40 Milk Only \$.50 Daily Milk Choices: <u>Choose One</u> Whole 2% Skim 1% Lowfat Chocolate 1% Lowfat Strawberry Lactaid Daily Fruit Choices: <u>Choose One</u> Fresh or Canned Fruit Combine Fruit & Milk with any of the entrees for a well balanced meal! Weekly Alternates: March 1 - March 5 Deli Ham & Cheese L&T on a Wheat Roll March 8 - March 12 Cereal Yogurt Plate March 15 - March 19 Tuna Salad L&T Wrap March 22 - March 26 Deli Turkey & Cheese L&T on a Wheat Roll March 29 - April 2 Chicken Salad with L&T Wrap This menu is in full compliance with and meets all USDA regulations on school menu initiatives for healthy children.</p>	1	2	3	4	5
	Hamburger / Cheeseburger with American Cheese on a Wheat Roll Pickle Chips Potato Wedges	Chicken & Cheese Quesadilla Side of Salsa Orange Rice Pilaf Corn on Cob	Ziti with Meat Sauce Parmesan Crusted Broccoli French Dinner Roll	Popcorn Chicken Mashed Potatoes Chicken Gravy Green Beans Soft Wheat Dinner Roll	Stuffed Crust Pizza Wedge Cheese or Sausage Topping Garden Salad with Lite Italian Dressing
	8	9	10	11	12
	Hot Dog on a Bun with Sauerkraut and Condiments Potato Puffs	Crispy Chicken Patty with American Cheese Lettuce & Tomato on a Wheat Roll Sweet Potato Fries	Mozzarella Sticks Side of Marinara Sauce Garlic Bread Stick Caesar Salad Lite Caesar Dressing	Taco Salad in Tortilla Shell with Seasoned Beef Shredded Cheddar, L&T Side of Salsa, White Rice Kernel Corn	Personal Pizza with Cheese or Hamburg Topping Carrot Sticks with Ranch Dip
	15	16	17 Happy St. Patrick's Day	18	19
Chicken Tenders with BBQ Sauce Crinkle Cut Fries Orange Glazed Carrots	Grilled Ham & Cheese on Wheat Bread Pickle Chips Tomato & Rice Soup Carrot Sticks	Cheese Calzone with Marinara Sauce Three Bean Salad Green Apple Juice Bar	Meatball Grinder with Marinara Sauce with Mozz. Cheese & Sweet Peppers Garden Salad with Italian Dressing	6" French Bread Pizza with Cheese or Pepperoni Topping Cucumber Slices with Ranch Dip	
22	23	24	25	26	
Teriyaki Chicken Dippers Brown Rice Mixed Vegetables Soft Wheat Dinner Roll	Belgium Waffle Sticks with Syrup Sausage Patties Hash Brown Patty Applesauce with Granola	Shell Pasta with Marinara Sauce 2oz. Mozz. Cheese Caesar Salad Lite Caesar Dressing French Dinner Roll	Honey BBQ Pork Rib on a Wheat Roll Baked Beans Fresh Cole Slaw	Stuffed Crust Pizza Wedge Cheese or Green Pepper Vege Topping Garden Salad with Lite Creamy Italian Dressing	
29	30	31	1	2	
Mini Taco Quesadilla Side of Salsa Mexican Rice Kernel Corn	Sloppy Joe on a Wheat Roll Smile Fries Sweet Peas	Penne Pasta with Marinara Sauce Baked Eggplant Parmesan Garden Salad with Lite Italian Dressing Soft Wheat Dinner Roll	Crispy Orange Chicken over White Rice with Chinese Noodles Steamed Broccoli Fortune Cookie	No School Good Friday	

Menu subject to change without notice

Web: www.middletownschools.org