

February-12

Middletown Elementary Schools Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Prices Include: Student Meal \$2.25 Adult Meal \$3.75 Reduced Meal \$.40 Milk Only \$.50</p> <p>Daily Milk Choices: <u>Choose One</u> 1% White Fat Free Skim 1/2 % LF Chocolate 1% Strawberry Lactaid Soy</p> <p>Daily Fruit Choices: <u>Choose One</u> Fresh or Canned Fruit</p> <p><i>Combine Fruit & Milk with any of the entrees for a well balanced meal!</i></p> <p>Weekly Alternates: Jan 30 - Feb 3 Chicken Caesar Wrap Feb 6 - Feb 10 Deli Turkey & Cheese L&T on a Wheat Roll Feb 13 - Feb 17 Tuna Salad L&T on Rye Bread Feb 20 - Feb 24 Cereal Yogurt Plate</p> <p><i>This menu is in full compliance with and meets all USDA regulations on school menu initiatives for healthy children.</i></p>	30	31	1	2	3
	Hamburg/Cheeseburg (American Cheese) on a Wheat Roll Sweet Pepper Strips Potato Wedges	Crispy Chicken Patty American Cheese Lettuce & Tomato on a Wheat Roll Crinkle Cut Fries	Mozzarella Sticks Side of Marinara Sauce Garlic Bread Stick Caesar Salad	Nacho Grande Seasoned Ground Beef Shredded Cheddar Cheese Lettuce & Tomato Mexican Rice Kernel Corn	6" French Bread Pizza w/ Cheese or Sausage Topping, Carrot Sticks with Lite Ranch Dip
	6	7	8	9	10
	Hot Dog on a Bun with Condiments Potato Puffs Green Bean Salad	Grilled Cheese on Wheat Bread Pickle Chips Carrot Sticks Chicken & Stars Soup	Shells with Meat Sauce Garden Salad with Balsamic Dressing French Dinner Roll	Chicken Tenders Side of Mac & Cheese Parmesan Crusted Broccoli Soft Wheat Dinner Roll	5" Personal Pizza with Cheese or Hamburg Topping Caesar Salad with Caesar Dressing
	13	14	15	16	17
	Chicken and Salsa Quesadilla Side of Salsa Rice Pilaf Kernel Corn	Meatball Grinder w/Sauce Sweet Peppers and Mozzarella Cheese Seasoned Sliced Cucumbers	Cheese Calzone with Marinara Sauce Garden Salad Lite Italian Dressing Apple Crisp	Teriyake Chicken Dippers Asian Seasoned Rice Orange Glazed Carrots Soft Wheat Dinner Roll	No School Professional Development
	20	21	22	23	24
No School President's Day	No School Winter Recess	Penne Pasta with Marinara Sauce 2oz. Mozz. Cheese Three Bean Salad Cheesy Garlic Flatbread	Mashed Potato Bowl Mashed Potatoes Sweet Kernel Corn Popcorn Chicken Chicken Gravy Shredded Cheddar Cheese Soft Wheat Dinner Roll	Stuffed Crust Pizza w/ Cheese or Pepperoni Topping Carrot Sticks with Lite Ranch Dressing	

Menu subject to change without notice

Web: www.middletownschools.org