

Parent Resource Guide:

Woodrow Wilson Middle School

www.middletownschools.org/wwms

370 Hunting Hill Avenue

Middletown, CT

Phone: 860-347-8594

Fax: 860-347-2030



Guidance Counselors

7th Grade: 860-347-8594 ext. 4515

8th Grade: 860-347-8594 ext. 4530

Youth Services Bureau:

860-347-8594 ext. 4517

School Based Health Center:

860-347-8594 ext. 4558

Rushford:

860-347-8594 ext. 4546

Health Services at WWMS

School Nurse

- Contact the school nurse at 860-347-8594 ext. 4548
- Provides immediate medical attention to students in need
- Administers scoliosis testing for 7th and 8th grade students
- Administers hearing screenings for 8th grade students or upon request
- Organizes Fall, Winter and Spring sports physicals
- Medication Administration
 - Parent must supply the medication with specific doctor's orders
 - Medication must be properly labeled

School Based Health Center

- Requires enrollment to participate. Enrollment forms will be sent home with your child. Forms can be requested by calling 860-347-8594 ext. 4558
- Medical Services Include:
 - Treatment of acute illness
 - Prescription Services
 - School Entrance, Sports and Camp Physicals
 - Vision & Hearing Screenings
 - Health & Wellness Assessments
 - Immunizations
- Dental Services Include:
 - Assessment
 - Cleanings
 - X-Rays
 - Referrals
- Mental Health Services Include:
 - Individual Counseling
 - Group Counseling
 - Family Counseling

Guidance Counselors

- 7th Grade Counselor 860-347-8594 ext 4515
- 8th Grade Counselor 860-347-8594 ext. 4530
- Offers support to students having social, emotional and academic challenges
- Assists with transitional planning and future academic placements
- Arranges student schedules

Extracurricular Student Programs at WWMS

Call #860-347-8594 for Additional Information

During School:

- Future Teachers of America: Student Mentor Program between WWMS students and elementary students. Students regularly visit their mentees and assist in their academic achievement.
- Student Council: Students run for positions as representatives within the Student Government. They play key roles in improving school climate and coordinating school activities.
- Rushford Group: Peer discussion groups meet weekly to discuss issues around self esteem, bullying behavior and character development. Contact the program coordinator at 860-347-8594 ext. 4546.
- The Greater Hartford Academy of the Arts: Inter-District program that brings urban and suburban students together to collaborate and learn through the arts. It is a 10-week program and students can participate in creative writing, dance, drumming, musical theater, weaving, drawing and painting.
- Wesleyan Tutors: Tutors are available for students who are in need of additional academic support.

After School:

**Late Buses are provided Tuesdays and Thursdays at 4:00.*

- 21st Century Community Learning Centers at Woodrow Wilson Academic, recreational and enrichment activities that assist students in greater school success and involvement. Meets Monday through Thursday from 2:45-5:45. Students must apply to the program. Contact the program coordinator for more information at 860-347-8594 ext. 4540

- National Junior Honor Society: Program recognizes exemplary students that have strong leadership, character, citizenship and a desire to help the school and community. Students must meet academic eligibility requirements and apply in order to be accepted into the program.
- RAMS in Action: Peer leadership program that helps students facilitate school wide events. Program focuses on teamwork, leadership, peer pressure, communication, relationships, healthy choices, respect, character building, support, positive identity and empowerment. Contact the program coordinator at 860-347-8594 ext. 4546.
- World Language Club: Program meets once a month and all students are welcome to attend one or all meetings throughout the year. The club focuses on exploring and celebrating various cultures mostly through food, movies and crafts.
- Girls' and Boys' Soccer: **Fall** sport in which students try out and compete against other schools. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Cheerleading: **Fall** sport in which students must try out. Cheerleaders perform for all fall sports. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Girls' and Boys' Cross Country: **Fall** sport that competes against other schools. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.

- Wrestling: **Winter** sport that does not require try outs but competes against other schools. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Cheerleading: Winter sport in which students must try out. Participants cheer at basketball games. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Girls' and Boys' Basketball: **Winter** sport that requires try outs and competes against other schools. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Co-Ed Track & Field: **Spring** sport that does not require try outs and competes against other schools. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Girls' Softball: **Spring** sport that requires try outs and competes against other schools. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Boys' Baseball: **Spring** sport that requires try outs and competes against other schools. Practice Monday-Friday and some weekends. Commitment to the team is essential and sports physicals are mandatory. The school will provide them if desired.
- Drill Team: Practices periodically after school and performs at school games, functions and community events. Not try outs are required.
- Intramural Swimming: 6-8 week program available to all students.

Outside Programs: After School and Summer

- **After School Programs**
 - Cross Street Training & Academic Center: After school 4:00-6:00 tutorial program, at the Cross Street AME Zion Church. 440 West St. # 860-638-4693.
- **After School and Summer Programs**
 - Green St. Arts Center: After school and summer programs including dance, dramatic, literary, visual and media arts, as well as music and sound recording. 51 Green Street. 860-638-1462 or 860-685-7871 www.greenstreetartscenter.org
 - Middletown Parks & Recreation Department, After school and summer activities including but not limited to sports, computers, dance, excursions, cooking, and band. 100 Riverview Center-Suite 140. # 860-343-6620.
 - Oddfellows Playhouse: Youth Theater, after school and summer theatrical and artistic programs for young adults including but not limited to newspaper writing and a circus performance. 128 Washington St. www.oddfellows.org # 860-347-6143.
- **Summer Programs**
 - Upward Bound: Summer program through Wesleyan University, available to students entering 8th-12th grade. Summer retreat (8th grade only) and 6-week day program, helps students develop academic skills necessary for college entrance and success. # 860-685-2970. 41 Lawn Ave (Wesleyan Campus).
 - North End Arts Rising (NEAR), INC. Summer arts program designed to assist students in artistic expression and exploration, at The Buttonwood Tree Performing Arts & Cultural Center, 605 Main Street. #860-347-4957

- Russell Library. Summer enrichment activities and programs including Russell readers and writers, concert performances, and a teen movie series. 123 Broad Street. # 860-347-2528
- Middletown Tiger Youth Football & Cheerleading. Summer program. P.O. Box 414. www.themiddletowntigers.com.
- Girl Talk: A FREE Summer Program for girls 6th-8th grade and meets Tuesday, Wednesday and Thursday for 6 weeks. Discussion topics are designed to help girls make healthy and positive choices. Contact 860-347-8594 ext. 4546.
- Independent Day School Summer Camp: Summer program for half and full day attendance. Ages 3-12 can participate in nature, art, theater, sports, leisure, science and technology programs. Leadership training camp is also available for ages 13-15. # 860-347-7235. <http://www.ldsmiddlefield.org>.
- Hartford Conservatory Summer Intensive Performing Arts Program: Summer program for ages 10+ in music, theater and dance. # 860-246-2588. <http://www.hartfordconservatory.org/>
- Hartt School Summer Program: Summer program at the University of Hartford. 3-6 week programs available for 6-12 graders in music, theater and dance. # 860-768-7768. <http://harttweb.hartford.edu/summer.php>
- Excursions in Learning: Summer program at Manchester Community College. A 2-week day program beginning in August. Courses include creative writing, visual and performing arts, technology, world cultures, math and sciences. #860-512-2804. <http://www.mcc.commnet.edu/continuing/excursions.php>
- Kids are Scientists Too (Kats): Summer program at the University of Connecticut. A one-week day science program, for 5th-10th graders including courses in archeology, astronomy, chemistry, marine science and physics. #860-486-9219. <http://www.kast.uconn.edu/>

- Talcott Mountain Science Center: Summer program for ages 4-14 interested in science. One-week day camp offers programs in weather, rocketry, astronomy, music, technology, robotics, magic, art, survival and more. # 860-677-857. <http://www.tmsc.org/>.
- Community School for the Arts: Summer programs at the University of Connecticut. Various day programs for ages 6-18, including courses in music, performing and visual arts. # 860-486-1073. <http://continuingstudies.uconn.edu/csa/summer.html>.
- Mystic Aquarium: Summer program for ages 3-16 for one-week day and overnight activities. # 860-572-5955. <http://www.mysticaquairum.org/>.
- Connecticut River Museum: One-week day summer programs for ages 7-13 including courses in "Life at Sea," "Colonial Survival Camp," and "River Wild." # 860-767-8269 ext. 13. <http://www.ctrivermuseum.org/>.
- **More Information...**
 - Parent Resource Coordinator: Contact the parent resource coordinator for additional programs which may be available in the future. #860-638-1462.
 - Middletown Commission on the Arts, Provides Information on Special Summer Art Events. 100 Riverview Center-Suite 140. # 860-343-6620

Programs for Parents

- **Nurturing Programs**
 - Middletown Board of Education, 310 Hunting Hill Avenue, 860-638-1462 www.middletownschoools.org
 - Program is for parents and children ages 4-12. It is an 8-week program that meets weekly from 6-7:30 and dinner is provided for families. Parents and children meet in separate rooms and discuss various topics. Some topics are nurturing oneself, relationships, boundaries, self-awareness, stress management, discipline and healthy habits.

- **Parents Supporting Educational Excellence (Parents SEE)**
 - Parent Leadership Training Coordinator, 310 Hunting Hill Ave. 860-638-1463 or email at plti@mps1.org
 - FREE parent leadership in education training program, to assist parents in helping their children excel.
 - Program involves a Saturday Retreat in Fall 2009 and meets for 12 Tuesdays (beginning in the fall) from 5:00-8:30.
 - Dinner and childcare are provided.

- **Middlesex County Parent Leadership Training Institute (PLTI) www.mxcplti.com**
 - Parent Leadership Training Coordinator and Parent Resource Coordinator, 310 Hunting Hill Ave. 860-638-1463 or email at ptli@mps1.org
 - Program is designed to help parents become advocates for their children's education.
 - Program includes a retreat to create cohesion and determine group goals. 10-week course on parent leadership, understanding personal history and its' impact on perception. Also includes an additional 10-week course on politics, policy and media within a community project.

- **District Parent/ Partnership Committee**
 - Middletown Board of Education, 310 Hunting Hill Avenue, 860-638-1462 www.middletownschools.org
 - Program intends to increase communication which supports student achievement.
 - All participants are welcome and the group meets the third Wednesday of each month from 5:00-6:30.
 - Agenda for each meeting will vary but previous topics have included parenting, bus safety, family resource centers, parent teacher conferences and cliques, groups and gangs.

- **Family Resource Center**
 - Program Coordinator: # 860-638-3742, 310 Hunting Hill Ave.
 - Programs Offered:
 - Parents as Teachers: Providing parents with resources in regard to their child's development and skills, as well as ways to assist in their social, emotional and academic progress.
 - Personal Visits: Call 860-638-3742 if you would like a home visit to assist in specific challenges.

- **People Empowering People Program (PEP)**
 - Program Coordinator: # 860-638-3742, 310 Hunting Hill Ave.
 - Parent and school action team, created to help support schools in achieving their goals and ensuring that all students excel.

- **Adult Education Parenting and Family Literacy**
 - Program Coordinator: # 860-638-3742, 310 Hunting Hill Ave.
 - Offers continued education through Middletown Adult Education. Classes include GED, ESL, EDP and Evenstart.

- **Parent Teacher Organization (P.T.O.)**
 - Contact WWMS at 860-347-8594 for more information.
 - Organization meets monthly, the 3rd Thursday at 6:30.
 - Dedicated to providing information to parents and helping them advocate for students' and school needs.
 - Organizes fundraisers, which are essential for financing enriching student activities.

- **Volunteer Opportunities**

- **Parent Resource Coordinator: 860-638-1462, 310 Hunting Hill Ave.**
 - Parents Assist Teachers
 - Aiding Students with Computer Work
 - Liberty Bank Tellers for Student Banking
 - Safety Call Back
 - Library Volunteers and "Book Moms," for Russell Library
 - Office Volunteers
 - School Store Attendants
 - Classroom Volunteers
 - Mentor Program
 - School Business Partners