Farm Hill and Macdonough Breakfast Menu

**MONDAY:** whole wheat Wrap with Egg and Cheese

  or Warm Whole Wheat Bagel with Cream Cheese

**TUESDAY:** Breakfast Pizza (whole wheat crust topped with egg and bacon crumbles)

  or reduced sugar Cinnamon Toast Crunch Cereal with String Cheese

**WEDNESDAY:** Warm Cinnamon Apple Oatmeal

  or Warm Whole Wheat Bagel with Cream Cheese

**THURSDAY:** Breakfast Pizza (whole wheat crust topped with egg and bacon crumbles)

  or Cheerios Cereal with Bear Grahams

**FRIDAY:** whole wheat English Muffin with Egg and Cheese

  or Warm Whole Wheat Bagel with Cream Cheese

Choice of 1% or Skim white milk, assorted fruit selections and 100% juice are included daily with all breakfast meals.

*(For a complete meal pick at LEAST 1 SERVING of FRUIT)*