What is the Family Resource Center?

The foundation of the FRC is to assist children and families of all racial, ethnic, and socio-economic groups living in the communities in which the FRCs are located to access the best possible resources and support. The model is based on the “Schools of the 21st Century” concept developed by Dr. Edward Zigler of Yale University. Like the Public School system, FRC’s provide a common ground for all families to benefit from the services offered, and a unique opportunity for families of diverse cultures and backgrounds to share and learn from each other.

Family Resource Center

Commodore Macdonough School
66 Spring Street
Phone: 860 - 638 - 3742
E-mail: talbota@mpsct.org
Home and Personal Visits
The FRC offers the opportunity for parents and caregivers to work one-on-one with a trained parent educator. Personal visits, once or twice a month as needed, include support with child development and family well-being using a variety of research based curricula including Parents as Teachers.

Child Care & School Readiness
Information & Referrals
Information and referral services are provided for quality infant, toddler and preschool full day or half day child care including school readiness services offered in the community.

Family Daycare Providers
Support and Training
The Family Resource Center offers evening workshops, support groups, Play and Learn groups, personal visits and resource and referral services specifically targeted to the needs of Family and Home Day Care Providers.

Resource and Referral
Our Family Resource Centers have established themselves as a primary resource and referral service to support the well-being of all families. Services are provided to families who are in need of information from outside agencies including but not limited to food, housing, clothing, mental and physical health.

Play and Learn Groups
Morning and afternoon Play and Learn groups are offered to families and children birth to five. Groups include free play, a healthy snack and circle time with books and music. Please contact the FRC for specific times and locations of our Play and Learn groups.

What the Family Resource Center can do for you!

Adult Education
The FRC provides information and referral services to Middletown Adult Education which offers academic programs (including GED and ESL), early childhood classes, family education, job training, enrichment classes, counseling, and assessment services. The FRC also provides parenting classes including Raising Readers and Circle of Security-Parenting for parents enrolled in class.

Positive Youth Development
The Family Resource Center provides a range of recreational and educational opportunities for school age children during and after the school day. Personal or home visits are also provided for families with school age children.

School-Age Child Care
Information and referral services can be provided for local before and after school programs including the Northern Middlesex YMCA Kids Korner program, and Oddfellows Play House. Programs and scholarships are also available during school and summer for various camps and enrichment programs.